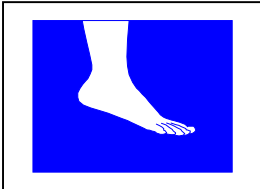




Information service for people living,
working or studying in Merton

Merton Civic Centre, London Road,
Morden SM4 5DX
Telephone: 020 8545 4710
Textphone: 020 8545 4356
E-Mail: Hinfo@care-connect.info
Web: www.care-connect.info



Chiropody (Podiatry) & Toe Nail Cutting Services

1. NHS Services

Podiatry is the modern name for Chiropody, and is the care and treatment of conditions affecting the lower limbs and feet. The Podiatry service diagnoses, treats and cares for conditions that affect the foot and lower leg. They do not provide simple toenail cutting. Toenail cutting is provided only if it represents a necessary medical intervention. In order to meet the demand for social nail cutting we have established a partnership with Age Concern (see below for contact details) to provide this care.

Sutton and Merton Podiatry Department

The Podiatry Team consists of:

- HPC Registered Podiatrists: Health care professionals who provide a comprehensive foot health service for all conditions of the foot and lower leg.
- Podiatry Assistants: Specially trained to support podiatrists
- Biomechanical Specialists: Specialists in the structure and function of the lower limb in relation to mobility, soft tissue injuries and physical disability.

The service is for any person with a foot health problem, who is registered with a family doctor in the area.

After providing a completed application form (which can be requested on the number below) or referral from a medical professional; you will be offered an initial assessment appointment at a local clinic/health centre. Their aim is to offer new patients to the service an appointment within two weeks from receipt of referral.

Exceptions to this are those that require transport, domiciliary or biomechanical assessments. Any domiciliary requests must be accompanied by a letter from a medical professional; self referrals for home visits are not accepted.

Urgent cases can be offered an appointment at any of the clinics listed below. At this appointment they will only treat the urgent problem, so you will need to return at a later date for a full assessment at your most local clinic. You may be asked to provide an 'urgent referral' letter from your family doctor.

The team works in the health centres/clinics, residential homes, day centres and hospitals. If you are housebound, the service can provide a limited service at home.

General Enquiries: 020 8407 3608 - Telephone lines are open Monday to Friday 9:00am to 1:00pm. Please be advised that there are only two telephone operators. You may therefore need to ring back if the lines are busy or leave a message (available 9:00am to 4:00pm). Or write to: Department of Podiatry, Main Admin, Orchard Hill, Fountain Drive, Carshalton SM5 4NR.

If you have an emergency you can also contact:

- a) Your GP
- b) NHS Direct ☎ 0845 4647
- c) Croydon NHS Walk-in Centre, 45 High Street, Croydon, CR0 1QD. ☎ 020 8666 0555
- d) Tooting NHS Walk-in Centre, Clare House, St George's Hospital Blackshaw Road, London, SW17 0QT. ☎ 020 8700 0505
- e) Your nearest Accident and Emergency Department

Podiatry Clinics in Merton - By Referral only which must be made through your family doctor or other health care professional. If you wish to find out where your nearest clinic is, please ☎ 020 8407 3608.

Wideway Clinic, Wideway, Mitcham CR4 1BP

Telephone 020 8544 2377

*Morden Road Clinic, 254 Morden Road,
London SW19 3DA

Telephone 020 8540 1380

*Patrick Doody, Pelham Road, Wimbledon
London SW19 1NX

Telephone 020 3458 5115 or
020 8540 839

2. *AGE CONCERN MERTON – CHIROPODY SERVICE FOR 50+ MERTON RESIDENTS

Sole Mates foot care service offers individuals 50+ resident in Merton, a comprehensive chiropody service. The service is also available to the direct carers of older people resident in Merton. The service is able to meet a variety of needs and is aimed at people who do not meet the current Sutton & Merton Primary Care Trust criteria.

VENUE: The Birches, Cricket Green, Mitcham, Surrey CR4 4LQ
The Morden Clinic, 254, Morden Road. London. SW19

APPOINTMENTS: Please phone Alison Barnes at Age Concern Merton on 020 8648 5792 to arrange your appointment. The office hours are Weds, Thurs & Fri mornings between 9.30am & 1.00pm. Fridays you can also phone 07504258471 between the hours of 9.30am & 5pm after these hours the answer phone will be available to take messages.

CLINIC SESSIONS: Held on Friday afternoons between 1.00pm & 4.40pm. Each session will last for 20 minutes.

COST: You will be required to pay £30.00 at your first appointment. This will be for the appointment you are attending and the next appointment that will be made for you at the clinic. On your second and every following appointment you will be required to pay £15.00 as this will keep you in advance of your payments. You can pay by cash / cheque (Cheques should be made payable to "Age Concern Merton") You may request a receipt as proof of payment, this can be used to claim money back if you have certain types of health insurance (e.g H.S.A). All appointments are to be paid for in advance and we require 24 hours notice of cancellation, failure to do so will result in payment for the appointment.

WHAT TO WEAR: The treatment only involves your feet, therefore wearing socks or stockings will make changing for your treatment easier.

SCOPE OF PRACTICE: A HPC registered Podiatrist (Chiropodist) will examine your feet thoroughly. They will then be able to identify any problems and advise you on the best treatment for you. The service provides generalist foot care (nail cutting, removal of hard skin, calluses and corns). If more specialist care is needed the Podiatrist will refer you to an appropriate service.

3. VOLUNTARY SERVICES

***Spires Day Centre (The)**

Tania Lucas – Centre Manager
8 Tooting Bec Gardens
London SW16 1RB

Telephone 020 8696 0943

This is a monthly service that takes place on the first Thursday of the month from 10.30am to 12.30pm. Please call for further details.

4. PRIVATE SERVICES

***FOOT HEALTH PROFESSIONAL**

27 Prince George's Avenue, Raynes Park
London SW20 8BQ

Telephone: 07976 382267
Natalie Lynne

Full professional foot treatment including ingrown nails, Verruca treatment, Fungal infections, Removal of corns and hard skin and Foot orthotics. Please give 1 week's notice to book appointment. Fee £35. Home visits.

***V M JAMOOJI, Clinic Proprietor and Osteopath**

The Living Centre Clinic,
32 Durham Road, Raynes Park
London SW20 OTW

Telephone 020 8946 2331

Please ring to find out charges – The practitioners can offer a 20 minute free consultation with no further implications.

Dr Jean Mooney

205 Commonside East
Mitcham CR4 1HB

Telephone 020 8685 0045

Home visits and appointments at the surgery.

***Louisa Papanicola, Family Footcare Services**

The Wimbledon Guild, 30 – 32 Worple Road
London SW19 4EF

Telephone 020 8946 1038

Is a State Registered Chiropodist and operates a private practice at the following times:
Monday 9am to 7pm; Tuesday and Wednesday 9am to 5pm; Thursday and Friday 9am to 12 noon. Please call for information on charges. Will do home visits.

***Shahid, Pearl Chemist**

134 – 136 Mitcham Road, Colliers Wood
London SW17 9NH

Telephone 020 8672 2157

Please call for information on charges – will do home visits.

***Mr Qureshi – Norbury Foot Clinic**

1579 London Road, Norbury

**Contact for details about home visits
3838 and charges**

E-mail shujashafqureshi@yahoo.co.ukT

Telephone 020 8764 9284 or 8677
or 07783 363965

***Donna Yu – The Foot Space UK Limited**

120 London Road, Morden SM4 5AT

Telephone 020 8687 6888

Will do home visits for people with limited mobility and are unable to go to the clinic.

Etienne van Niekerk

Telephone: 0772 204 7086

All aspects of Chiropody/Podiatry including: Routine chiropody such as the removal of callous (hard skin) or corns, Nail cutting, Ingrown toenails, Diabetic foot care, Foot ulcer treatment/wound care management, Treatment of verrucae, Foot pain and sports injuries and prescription or orthotics (insoles). Cost: £30/ treatment (full initial assessment and routine treatment).

Please note this list is not exhaustive – please also refer to Yellow Pages and the Thompson Local telephone directories for other private chiropody services.

We take care to update the information we provide regularly to try to ensure it is accurate. However, CareConnect cannot accept liability for any errors or omissions, nor can we be held responsible for the services provided by any of the agencies or bodies referred to.