



Information service for people living,  
working or studying in Merton

**Merton Civic Centre**  
London Road, Morden SM4 5DX  
Telephone: 020 8545 4710  
Textphone: 020 8545 4356  
Fax: 020 8274 4932  
E-Mail: [info@care-connect.info](mailto:info@care-connect.info)



## Community Centres in Merton

### **\*Colliers Wood Community Association**

Community Centre, 66 – 72 High Street, Colliers Wood, SW19 2BY  
Telephone : 020 8543 6470 Monday-Thursday 8.30am-1.30pm only.  
Information on Merton council website.

Aims to promote the well being of the residents of Collier's Wood. Provides a centre where they can meet and enjoy themselves. Please ring to find out what activities are being provided at present.

**\*North East Mitcham Community Centre, Woodland Way, Mitcham CR4 2DZ**  
Telephone : 020 8685 9452 (8am to 6pm)

A Community centre offering a wide range of activities embracing all age groups. Including :

- Ladies' night monthly
- Young at Heart Social Club weekly
- Playgroup ages 2-5 years
- Mother/Father & Toddler group
- Aikido for children (8+)
- Aikido mixed
- Young at Heart Lunch club weekly
- Disco/Rock 'n' Roll for children – beginners' and advanced
- Ballet
- Rainbow for girls 5-7 years
- Belly dancing
- Free legal advice
- 50+ Keep Fit
- Singing
- Junior disco for 8-11 years
- Youth club

**\*New Horizon Centre (Pollards Hill Community Centre & Commonsides Trust), South Lodge Avenue, Mitcham CR4 1LT - Telephone: 020 8764 5157 and 020 8764 9582**

Activities and services for the community. Please ring to find out about the various activities.

**\*South Mitcham Community Centre**  
**Cobham Court, Haslemere Avenue,**  
**Mitcham CR4 3PR**  
**Telephone : 020 8648 3740**

Activities :

- Bingo
- Karate
- Church Groups
- Dance (Ballroom and Sequence)
- Table Tennis
- Shape Up exercise
- Citizens' Advice Bureau sessions
- Young at Heart club for housebound/disabled/elderly
- Councillors' surgery
- Community pharmacist's drop-in
- Carers Support Merton monthly drop-in and support group
- Weight Watchers
- Pre-school nursery
- Internet Café
- Body Blast high impact exercise
- Tamil Ladies' Social Group
- Script Writing
- Rosemary Conley Diet and Exercise
- Community Warden's Surgery
- Asian Dancing
- Short Mat Bowls
- Belly dancing

**\*South Wimbledon Community Association**  
**74 Haydons Road, South Wimbledon**  
**London SW19 1HL**  
**Telephone: 020 8540 4539**  
**E-Mail: [swcacomunity@yahoo.co.uk](mailto:swcacomunity@yahoo.co.uk)**

Maintains a community centre to meet the needs of the local community by providing social and leisure facilities including:

- Keep fit
- Martial arts – for young people
- Dancing
- Drama
- Yoga
- Cardiac Club for people with heart problems
- Coffee Morning (any age) on Thursdays between 10am and 12 noon.
- Weight Watchers Club
- Various Sunday faith groups
- Hire out rooms

**\*St. Helier Community Centre**  
**Hill House, Bishopsford Road, Morden SM4 6BL**  
**Telephone : 020 8648 3917**

A variety of activities and groups :

- Ballroom and Old Time Dancing
- Bingo
- Cycle Club
- Keep Fit
- Healthy Living Cafe
- Let rooms out for hire – Social events & AGM'S. Also let IT room to groups with tutor.
- Aerobics
- Tea dance
- Computer classes (basic and further advanced)
- Line dancing
- Slimming world
- Senior Citizens Clubs
- Stage Dancing – age range 2½ to adults
- And other activities – contact for details.

**\*St. Mark's Family Drop-in Centre**  
**St Mark's Hall, St. Mark's Road, Mitcham CR4 2RB**  
**Telephone : 020 8640 9595**

1. Advice and Benefits: CAB session - alternate Tuesdays 9am-12noon. Legal advice alternate Tuesdays 9.30am-12.30pm.
2. Health, Social and Leisure: Parent and Toddler Group Monday 10am - 12noon and Wednesday 10am –1 2noon; Lunch Monday and Wednesday 11.20am - 1pm; Chit-Chat Magazine Group Monday 1pm - 4pm; Circuit Training Monday 7.30 - 8.30pm; Active Hour Tuesday 10am - 11am; Older Person Lunch Club and Activities Tuesday 11.30am - 2pm, Thursday 11.30am - 2pm and Friday 11.30am - 3pm; Parents' Support Group Wednesday 1pm - 2.30pm; Thursday Club Mental Health Thursday 1.30pm - 4pm. Yoga Tuesday 7.45pm-9.15pm. Family workshops Mondays 12.45pm-2.45pm.
3. Adult Education and IT: Adult education classes Tuesdays 9.15am - 11.15am; Silver Surfers - Wednesday 1pm - 3pm and Friday 9.30am - 11.30am. "Keeping Up with the Children" literacy and numeracy to enable parents to help children at school - Tuesdays (6 weeks numeracy, 6 weeks literacy). Family IT - Thursdays 9.30am to 12.30pm.
4. Also offer off-site courses: Community Development and Health course in conjunction with PCTs – gives people advice about how to engage with communities. 10am-2.30pm Thursdays. 12 weeks long. 1 or 2 run per year. Easy Cook course – in conjunction with schools. English for Speakers of Other Languages Friday 9.30am-12.30pm.

Please ring for information on further workshops.

**\*Wimbledon Community Association**

**Sir Cyril Black Community Centre, 28 St. George's Road, Wimbledon,  
London, SW19 4DP**

**Telephone: 020 8946 0536**

**Website: [www.wimbledoncommunity.org.uk](http://www.wimbledoncommunity.org.uk).**

**E-mail: [enquiries@wimbledoncommunity.org.uk](mailto:enquiries@wimbledoncommunity.org.uk)**

- Meeting and function rooms
- Social gatherings
- Bridge
- Adult education – music appreciation, current affairs
- Martial arts

We take care to update the information we provide regularly to try to ensure it is accurate. However, CareConnect cannot accept liability for any errors or omissions, nor can we be held responsible for the services provided by any of the agencies or bodies referred to.